



Transforming Challenging Behavior

RAISING RILEY INVITES YOU!

Don't FLIP OUT, use FLIP IT! Are you interested in finding a way to stay calm, be consistent and support children (ages 3-8) when they are challenging you? FLIP IT® is a strategy that offers a simple, kind, and commonsense process to address children's challenging behavior. The four steps of FLIP IT can be easily remembered using the mnemonic of FLIP, which stands for F – Feelings, L – Limits, I – Inquiries and P – Prompts. FLIP IT is nothing new but turns what works into a strategy that is easy to remember and easy to use in real-life challenging situations. Both parents and teachers have been using the FLIP IT strategy with great results for many years. Learn the FLIP IT steps and get started changing behavior. Go to www.MoreFLIPIT.org for a brief overview on FLIP IT.

<i>What?</i>	FLIP IT Workshop
<i>Where?</i>	<u>VIRTUAL:</u> Zoom link and login info provided for those who register
<i>When?</i>	Saturday, March 22 nd @ 9 AM-12:30 PM
<i>Who?</i>	Caregivers of Young Children!
<i>Why?</i>	Contact Beth Mills – (785) 776-4779 ext. 7641 or <u>emills@rileycountyks.gov</u>
<i>EXTRA:</i>	***handouts provided via email prior to session***